

TERMS & CONDITIONS

Zuca Power Fit Personal Trainer

Effective Date: 25/02/2026

These Terms & Conditions (“Agreement”) govern the services provided by Zuca Power Fit Personal Trainer (“Zuca Power Fit,” “we,” “us,” or “our”) and apply to all clients (“Client,” “you”).

By booking or participating in services, you agree to these terms.

1. Services Provided

Zuca Power Fit provides:

- Personal training (in-person and/or online)
- Customized workout programs
- Fitness assessments
- Nutritional guidance (non-medical)
- Coaching and accountability services

All services are provided based on information you voluntarily provide.

2. Client Responsibilities

You agree to:

- Provide accurate medical and health information
- Inform us of any injuries, conditions, or limitations
- Obtain medical clearance if necessary
- Follow safety instructions during training
- Use programs at your own risk

You understand that physical exercise involves inherent risks.

3. Medical Disclaimer

Zuca Power Fit Personal Trainer is not a medical professional.
We do not diagnose, treat, or cure medical conditions.

Any nutritional advice provided is general wellness guidance and does not replace professional medical advice.

Consult your physician before starting any fitness program.

4. Assumption of Risk & Liability Waiver

By participating in training sessions, you:

- Acknowledge the risks of physical activity
- Voluntarily assume all risks
- Release Zuca Power Fit Personal Trainer from liability for injuries, damages, or losses resulting from participation, except where prohibited by law

5. Payments & Refund Policy

- Payment terms will be agreed upon before services begin
- Packages must be used within the stated time frame
- Sessions canceled with less than [24 hours] notice may be forfeited
- Refunds are not guaranteed and are evaluated on a case-by-case basis

6. Scheduling & Cancellations

- Sessions must be scheduled in advance
- Late arrivals may result in shortened sessions
- Repeated cancellations may result in termination of services

7. Online Training Disclaimer (If Applicable)

For online programs:

- You are responsible for ensuring a safe workout environment
- Zuca Power Fit is not responsible for injuries occurring outside supervised sessions
- Internet connectivity issues are not grounds for refunds

8. Intellectual Property

All training programs, materials, branding, logos, and digital content are the property of Zuca Power Fit Personal Trainer.

You may not:

- Reproduce
- Distribute
- Share
- Resell

Any materials without written consent.

9. Termination of Services

We reserve the right to terminate services if:

- Terms are violated
- Payments are not made
- Behavior is inappropriate or unsafe

10. Governing Law

This Agreement shall be governed by the laws of the United Kingdom.

11. Contact Information

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