

Privacy Policy

Zuca Power Fit Personal Trainer

Effective Date: 25/02/2026

Zuca Power Fit Personal Trainer (“Zuca Power Fit,” “we,” “us,” or “our”) respects your privacy and is committed to protecting your personal information. This Privacy Policy explains how we collect, use, disclose, and safeguard your information when you engage our personal training services, visit our website, or interact with us online.

By using our services, you agree to the terms of this Privacy Policy.

1. Information We Collect

We may collect the following types of information:

A. Personal Information

- Full name
- Email address
- Phone number
- Date of birth
- Emergency contact information
- Billing and payment details
- Address (if required for billing or in-home sessions)

B. Health & Fitness Information

- Medical history (as voluntarily provided)
- Injuries or physical limitations
- Fitness goals
- Body measurements (weight, BMI, body fat %, etc.)
- Progress photos (with your consent)

C. Technical Information (if applicable via website or app)

- IP address
- Browser type
- Device information
- Cookies and tracking data

2. How We Use Your Information

We use your information to:

- Provide personalized fitness training programs
- Monitor progress and performance
- Communicate about sessions, scheduling, and updates
- Process payments
- Improve our services
- Comply with legal obligations

We do **not** sell your personal information.

3. How We Share Information

We may share information only when necessary:

- With payment processors to complete transactions
- With scheduling or fitness software platforms used to manage services
- If required by law or to protect legal rights
- With your explicit written consent

All third-party providers are expected to maintain appropriate security measures.

4. Data Security

We implement reasonable administrative, technical, and physical safeguards to protect your information. While we strive to protect your data, no system can guarantee absolute security.

5. Client Responsibility

You are responsible for providing accurate health information. Zuca Power Fit Personal Trainer is not liable for injuries or issues resulting from withheld or inaccurate medical information.

6. Your Rights

Depending on your location, you may have the right to:

- Request access to your personal data
- Request correction of inaccurate data

- Request deletion of your data
- Withdraw consent at any time

To exercise these rights, contact us at:

Email: zucapowerfit@gmail.com

Phone: 07577393261

7. Data Retention

We retain personal information only as long as necessary to:

- Provide services
- Maintain business records
- Comply with legal obligations

When no longer needed, data will be securely deleted or anonymized.

8. Cookies (If Website Is Used)

Our website may use cookies to enhance user experience. You may disable cookies in your browser settings, though this may affect website functionality.

9. Children's Privacy

Our services are not directed to individuals under the age of 18 without parental or guardian consent. We do not knowingly collect information from minors without proper authorization.

10. Changes to This Policy

We may update this Privacy Policy periodically. Updates will be posted with a revised effective date.

11. Contact Information

If you have any questions about this Privacy Policy, please contact:

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Email: zucapowerfit@gmail.com

Phone: 07577393261